

JOINT EVENT AGENDA



 **Saffron Kitchen Project (Ithakis 29, Kypseli)**
Monday 14 September, 18:00-21:00



18:00 - 18:10 Welcome & Introduction



**18:10 - 18:40 Change Cup Project -
Presentation of the upcoming Cooking
Competition**



**18:40 - 18:50 A Journey from Training to
the Kitchen | Guest story & experience**



**18:50-19:00 Q&A: Open discussion with
participants on the ChangeCup
Competition**



19:00 - 19:30 Taste, Share & Connect
A relaxed food-sharing session where
participants share food and exchange
stories.



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19:30 - 19:40 A fun, interactive introduction to Mediterranean cultures and the countries represented in the projects.



19:40 - 19:50 Introduction to the Be Festive Project



19:50 - 20:00 Be Festive on the Move: Screening of short documentaries/videos from the project mobilities and cultural festivals



20:00 - 20:50 Mediterranean Creative Workshops

- Embroidery Workshop – exploring traditional patterns and textile traditions.
- Paper Flower Workshop – creating flowers inspired by Mediterranean nature and traditions.
- Music Workshop – exploring Mediterranean sounds, rhythms and musical traditions.



20:50 - 21:00 Closing & Reflection



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